Elk Point REVIEW

Bringing You the News since 1984

Tuesday, March 4, 2008

Vol. 28 No. 10 • 75 cents (GST incl.)

PM40007168 R10645

Smaller lots
Approved by council

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Winter fun
At Elk Point Elementary

Page 7

DAYLIGHT SAVINGS TIME BEGINS MARCH 9

Vicki Brooker photo

Hot dogs in the snow

Participants and guests at Elk Point TrailRiders annual Antique Snowmobile Show ignored the snow and brisk northwest winds as they roasted up hot dogs over a blazing fire at the Iron Horse Trail staging area before heading off to Lindbergh on a trail ride. More photos on Page 6

Iron Horse Trail a model of cooperation

By Vicki Brooker
Review Staff

The word is spreading about the beauty and adventure potential of Alberta's Iron Horse Trail, Northeast MuniCorr's administrative coordinator Marianne Price told Elk Point town council last week when she visited their regular meeting.

The Trail is being praised as "a model of community cooperation," and has won numerous awards on its way to becoming "a major tourist attraction."

Price said the IHT will be "the model for trail planning throughout the province," and added, "other communities are inviting the Iron Horse Trail and MuniCorr to tell them how it was done."

The trail is becoming increasingly popular with a variety of user groups, and is "not only bringing visitors to the region, it's moving people around our region," she noted, citing a Bonnyville resident she had spoken with who told of taking a trip down the trail to enjoy a pyrohy dinner in Glendon.

Her office has received "a lot of calls" from Edmonton, BC and other areas inquiring about cycling and hiking. "The oldest part of the trail, from Elk Point to Heinsburg, is ideal for that," Price said.

She has seen a change in trail use since she started fielding inquiries two years ago, she said.

"The first year, it was mostly day trips they were inquiring about. Last year, people were planning two- and three-day stays. The type of trail user and the length of their stay are changing, because of our advertising."

This year's initiatives include attendance at 14 trade shows, including first-time appearances at shows in Saskatoon, Calgary, Red Deer and Lloydminster, as well as advertising in 11 publications.

(Continued on Page 3)

Election forums draw answer-seeking crowds

By Vicki Brooker
Review Staff

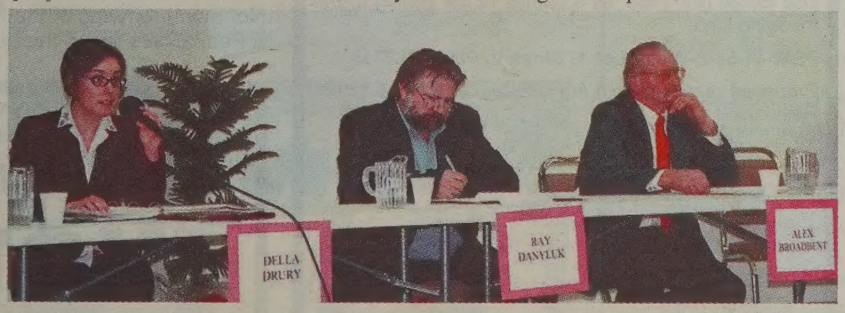
A pair of pre-election candidate forums in Heinsburg and Elk Point last week drew good crowds of voters, who heard the campaign platforms of Liberal candidate Alex Broadbent, Alberta Progressive Conservative candidate Ray Danyluk and New Democrat candidate Della Drury, and later had the opportunity to ask the candidates their views on a wide range of issues.

Heinsburg Community Club's forum on Monday night drew over 50 people and was moderated by Glen Ockerman. Community Club representative Marjorie Scott said the question period lasted a full hour and covered numerous topics. The club was pleased with the turnout, which Scott said, "shows people are interested."

Elk Point Chamber of Commerce was also impressed with their turnout. The chamber had close to a capacity crowd at the Seniors Recreation Centre for their forum on Wednesday evening. Following 10-minute opening statements from each of the candidates, moderator Bob Bezpalko read a number of questions from the audience, with other questions coming from the floor in a period which stretched well past the hour allotted.

Candidates were questioned on the reasons behind the housing and agricultural crises, potential help with utility costs, tuition and student housing costs, help for small businesses, and the cost of vehicle insurance. Other questioners wanted to know about Métis harvesting rights, plans to help First Nations people, help for cattlemen, funding for elementary and secondary schools so parents would not have to fundraise, and potential slowdown of resource development.

(Continued on Page 3)



NDP candidate Della Drury answers a question from the floor while Alberta PC Ray Danyluk takes notes and Liberal Alex Broadbent listens intently.

Election coverage

Due to press deadline constraints, provincial election results will not appear in the March 4 Elk Point Review. However, the Review will have in-depth coverage of the winners and their plans for the next term in the March 11 paper.

Results of the March 3 election are now available on the St. Paul Journal website at www.spjournal.com

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FREE HOME EVALUATIONS

Smaller lot size OK for subdivision

By Vicki Brooker
Review Staff

Elk Point town council agreed at last week's regular meeting to allow reduction of lot widths from 60 to 50 feet in the next phase of the north subdivision. This would allow Winalta Homes to create 32 lots in the space originally planned for 27, thus making the lots, and thus the homes Winalta develops on them, more affordable to purchasers.

The town still owns a strip of land north of the homes now being built on Centennial Drive, and Coun. Dick Millar suggested the town should develop the 14-lot area. Mayor Parrish Tung said he was reluctant to "sink money into that until we can determine where the money is coming from."

A proposal for energy efficient seniors' housing with underground parking has come forward, seeking the town's support in principle. The town would be responsible for applying for the grants, which would then go to the developer, Coun. Millar, who said he had "no problem with affordable housing," moved to support the project in principle, on the basis of government assistance, with conditions to be determined when grant approval is obtained.

The next phase of the industrial subdivision is one step closer to becoming a reality. The traffic count has been completed and it has been determined that a service road is necessary. The landowner has indicated that there is no problem with the reconfiguration of the area to be developed.

The petition submitted at the previous meeting was brought back to the council table, with council agreeing with Mayor Tung that "the best way is to utilize what we have instead of building new infrastructure." The mayor suggested hiring a part-time person, possibly with support from the County of St. Paul, and "to all intents and purposes, going back to the old, old time way of having a recreation director." He feels that this person could work 15 to 20 hours a week , with council setting the direction.

Coun. Bernice Capjack reported on the progress made by the David Thompson Brigade committee, where "everything is going fine." Coun. Capjack was directed to send a letter to both town and county councils asking for a budget.

The possibility of building a riverside viewing platform with railings and benches in conjunction with the Brigade's visit would be a "monumental opportunity ... another asset to promote (the North Saskatchewan River as a tourist attraction), " economic development committee representative Bob Bezpalko told council.

Bezpalko also reported to council on the status of the new website. He has received an extension to March 17, because information has been very slow coming in. "I'm hoping that by then, we will have it done. It's a massive project and the information is unbelievable."

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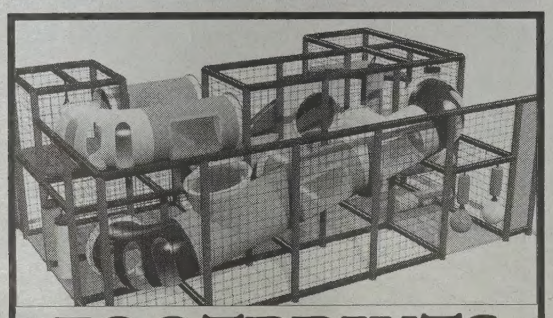

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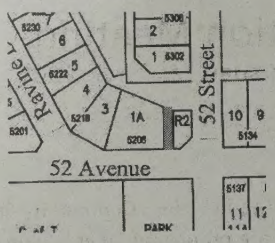
TOWN OF ELK POINT

Notice of Public Hearing RE: Bylaw No 657/07

TAKE NOTICE that pursuant to the Municipal Government Act, R.S.A. 2000, as amended, that the Council of the Town of Elk Point proposes to adopt Bylaw No. 657/07, as amendment to the Land Use Bylaw 622/03 for the Town to close the lane along the easterly boundary of Lot 1A, Block 27, Plan 752 1315.



Please TAKE NOTICE that on March 10, 2008 at 7:00 p.m. at the Council Chambers of the Town of Elk Point in the Town's Administration Office located at 4914 - 50 Avenue, a Public Hearing will be held to hear from anyone who feels they may be affected by the proposed amendment.

Anyone wishing to be heard either directly or on someone else's behalf may make oral representation at the Public Hearing. Written submissions are acceptable and must be delivered prior to the Public Hearing to the Administration Office address indicated above.

At the Public Hearing, the Mayor shall direct to hear representation first from the applicant, then from those property owners who claim to be directly affected by the proposed disposal, followed by any other person who wishes to make representation.

Myron Goyan, Manager
Town of Elk Point
Box 448, Elk Point, Alberta
T0A 1A0

Dated at Elk Point, AB this 11th day of February, 2008.

Fire consumes Frog Lake band office

By Janani Whitfield
Staff Writer

Thick smoke and flames smothered the Frog Lake band office on Feb. 25, in what RCMP believe was a deliberately set fire that burned the building to the ground.

After investigation, RCMP charged a Frog Lake resident with a single count of arson and break and enter with intent. Twenty-two year old Ronald James Stanley has been remanded in custody and will appear in St. Paul Provincial Court on March 6, at 9:30 a.m. RCMP said in a release that the investigation is ongoing, and that they anticipate laying further charges.

Chief George Stanley was at a meeting in Lloydminster when he received the call about the fire, which started early in the morning. A couple of people working in the nearby health care centre were the ones who saw the flames and alerted emergency services, he said. Police arrived on the scene shortly after 8 a.m., joining Elk Point and Frog Lake firefighters who were battling the blaze.

By the time Chief Stanley arrived on the scene, the flames were in full force. "The smoke was so thick," he said. The band office had recently undergone some $100,000 in renovations, as well, some furniture and new technical equipment were lost in the ensuing blaze.

"They're all up in flames," said Chief Stanley, adding that the loss of the band office itself was a shock. "It is quite a blow to our community."

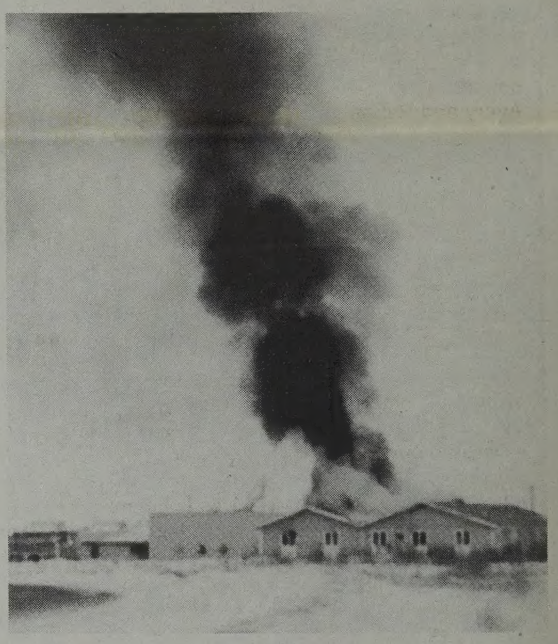
Chief and council are temporarily working out of the finance department, which is located in a separate building, said Stanley. But a more permanent solution is in the planning stages, he noted. Even before the destruction of the band office, chief and council had been lobbying government and industry for funds to build a new band office. The plans are to create a $10.5 million multiplex building, which will include the band office, a travel administration office, a 300-seat arena and 15 lots in the back for housing for community elders, said Stanley.

Chief Stanley is hoping the sod-turning for the multiplex will happen in April, with construction beginning in May or June.

He also addressed concerns that the fire may have been deliberately set. There is "a lot of fear in the community" about safety issues and crime on the reserve, but the Frog Lake band and council are looking to address this by imposing laws such as curfew times and banning liquor and drugs on the reserve, he said.

Also key is communication between the band and council, the Chief said; band members are welcome to come to him at any time and share their concerns or opinions. These steps are already showing some signs of working to heighten safety on the reserve, he said.

"All in all, I think there's been improvement."



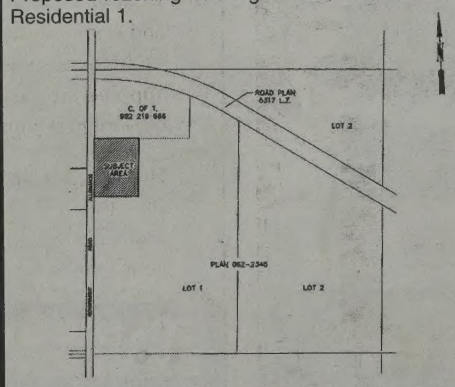
Submitted photo
Not much remains of the Frog Lake band office, after a Feb. 25 fire razed the building.

NOTICE
County of St. Paul No. 19

Notice is hereby given that the Council of the County of St. Paul No. 19 is considering a bylaw to amend Land Use Bylaw No. 1486, as it relates to the zoning of the following land:

PSW 11-58-8-W4th, Lot 1, Block 2, Plan 0622345

Proposed rezoning from Agricultural District to Country Residential 1.



A Public Hearing will be held on **Tuesday, March 11, 2008** at 11:00 a.m. or as soon thereafter as can possibly be arranged, at the County Office in St. Paul.

For further information, contact the County Office at 645-3301.

Dennis Bergheim, Planning Officer
County of St. Paul No. 19
5015-49 Ave., St. Paul, AB., T0A 3A4

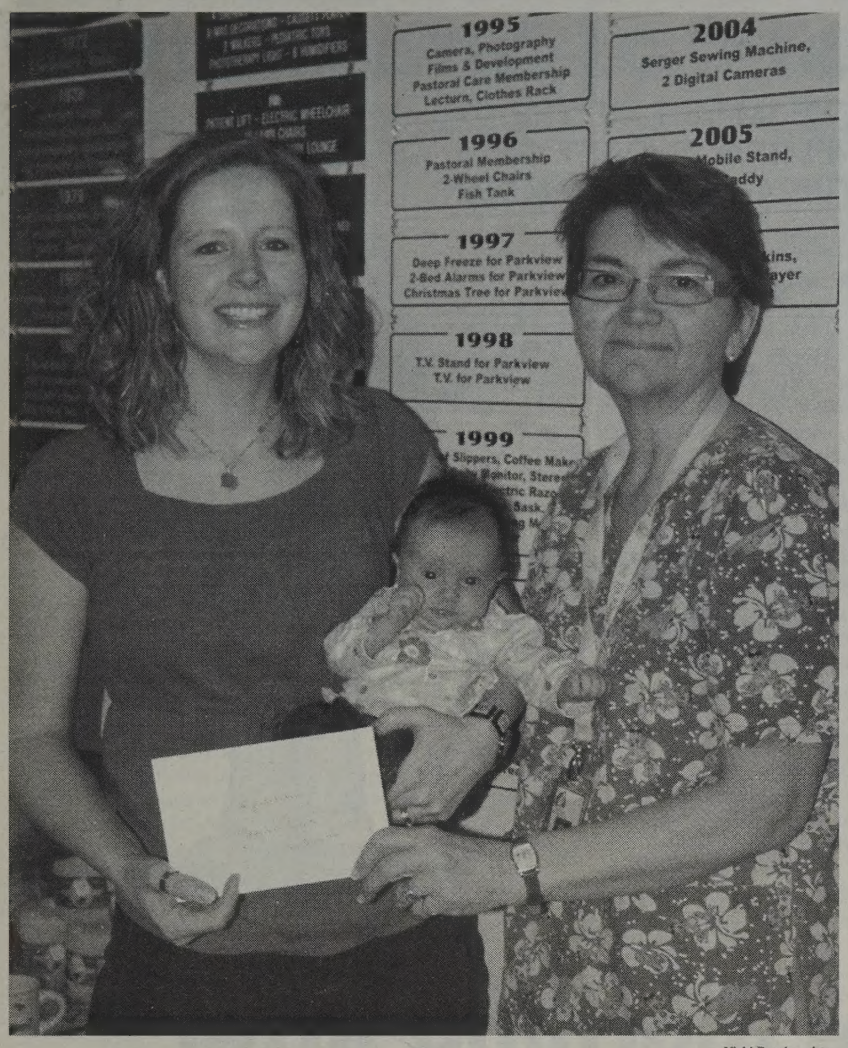
County of St. Paul No. 19
NOTICE

Notice is hereby given that the Council of the County of St. Paul No. 19 is considering Bylaw No. 1505, which is a Bylaw to amend Land Use Bylaw No. 1486, as it relates to rezoning SW 26-56-5-W4 from Industrial / Commercial to Agricultural.

A Public Hearing will be held on Tuesday, March 11, 2008 at 11:30 a.m. or as soon thereafter as can possibly be arranged, at the County Office in St. Paul.

For further information, contact the County Office at 645-3301.

Dennis Bergheim, Planning Officer
County of St. Paul No. 19
5015-49 Avenue
St. Paul, AB., T0A 3A4



Vicki Brooker photo

Auxiliary honours New Year's baby

Elk Point Healthcare Centre Auxiliary representative Agnes Moroziuk presented the Auxiliary's New Year's Baby gift of a $50 gift certificate to Lisa Warawa and baby daughter Kayl Breanne, who was born Jan. 7 in Bonnyville, weighing six pounds, 13 oz. This is the third daughter for Lisa and Travis, and a baby sister for Avery and Rylee.

Thompson Brigade plans going well

By Vicki Brooker
Review Staff

Plans are starting to come together for celebrations surrounding the visit of the David Thompson Brigade on May 17 and 18.

Committee chair Bernice Capjack has sent letters inviting cabinet ministers Ray Danyluk and Hector Goudreau, the chiefs of Frog Lake and Kehewin First Nations and the chairman of Fishing Lake Métis Settlement to take part in the event. She has also sent letters to the County of St. Paul, Elk Point Golf and Country Club and the A. G. Ross Arena Operating Committee, the RCMP, and to television stations in Edmonton and Lloydminster.

Entertainment for Saturday's welcome and the evening to follow is off to a good start, with the sound system booked and confirmation that both the Elk Point Community Choir and the Elk Point Ukrainian Dancers will attend. French Canadian and Métis dancers have also been invited to take part, and singers and musicians across the area have been invited to perform at the evening jamboree. The chamber of commerce has offered the use of their stage trailer for the welcome ceremonies at the river landing.

Pins with the Thompson Bicentennial logo have been ordered, as have three plaques with the logo which are to be attached to benches commemorating the visit. The benches are to be located at the river campsite, Fort George and Buckingham House and at the Elk Point tourist information centre in commemoration of the Brigade's visit. The benches will be similar to the bench dedicated during Elk Point's centennial in memory of longtime mayor, Mike Habiak.

The committee is planning a short meet-and-greet session at which several of the canoes can be viewed, immediately following the welcome ceremony at the river landing. It may be possible to store the canoes overnight in the fire hall to ensure their security.

Details of the evening banquet and the Sunday morning pancake breakfast for the voyageurs and their support crew were discussed. Additional chairs and tables will be needed to accommodate the anticipated crowd, and these will be tracked down before the next meeting.

The committee plans to have buses available to transport the voyageurs to town and to the arena from their campsites, as well as to take them to Fort George and Buckingham House for a tour and the Great Fur Factor Challenge on Sunday, May 18.

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by Carole
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Iron Horse Trail

(Continued from Front Page)

The IHT's events trailer will be back on the road, visiting events across the area, and Price is planning two FAM tours to show media and "others of influence to tourists" what the area has to offer. She is also working on four self-guided tours, which would take tourists around the region.

Price told council that $993,000 in funding "has been brought into or spent on the region:" as a result of the trail, ranging from grants for tourism product development to funding for coordinator positions, from grants for trail development and surfacing to grants for signage. One of the most recent grant-funded projects was the North East Alberta Trail Map project, funded by Alberta TrailNet. Other grant sources have included the Canadian Tourism Commission, Trans Canada Trail, Western Economic Diversification, Rural Community Economic Development and various provincial government departments. Northeast Alberta Information HUB is providing assistance for the development of the circle tours and Riverland Recreational Trail Society is funding signage to show trail users where services are available.

Several upcoming events will utilize the trail, including the Riverland Adventure Challenge on May 31, and a cancer fundraising ride from Cold Lake to Calgary by a group of "Angels on Horseback."

Bob Bezpalko of Elk Point Economic Development was also at the meeting, and thanked Price for informing council about "the potential of the Iron Horse Trail. We want to keep you in the loop when we do our signage. It all has to tie in and be kept uniform."

Forum

(Continued from Front Page)

One of the final questions of the evening came from a high school student who asked the candidates, "what are you doing to help me stay in Alberta when I finish my post-secondary education?"

Following the closing statements from each candidate, the audience was quick to surround the three to question them further on issues of interest.

Members of
Servus Credit Union

Proposed Amalgamation of Servus Credit Union, Community Savings and Common Wealth Credit Union

Member Information Meeting
7:00 p.m. to 8:30 p.m., Thursday, March 6, 2008

St. Paul Seniors Centre
4809 - 47 Street, St. Paul

The Boards of Directors of Servus Credit Union, Community Savings and Common Wealth Credit Union are proposing an amalgamation of the three credit unions. The members of each credit union must approve the amalgamation at their respective annual or special general meetings to be held in March.

Members are invited to attend a presentation by the Board of Directors and question and answer session about the amalgamation proposed for November 1, 2008. For more details, visit servuscu.ca or your branch.

The Annual General Meeting of Servus Credit Union will be held March 12, 2008 at The Francis Winspear Centre for Music, #4 Sir Winston Churchill Square, Edmonton. Registration and reception at 5:30 p.m., meeting at 7:00 p.m.

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Editorial

March and its maxims

March has arrived like a somewhat subdued lion, so perhaps we can expect it to go out like a lamb. That's one of the old beliefs that we come up with every year at this time. Sometimes it's true, sometimes not.

The old belief that March is know for wind, is one we have no trouble relating to, because it seems to be a generally gusty month, although not, as was suggested in years gone by, good for kite flying, with all this snow impeding the launch process.

A new addition to the March lineup is the early "Spring Ahead" date of March 9. This one is puzzling. It is just now getting so it's light in the mornings, and now we're going to return to getting up in pitch dark... so we can have another hour of daylight at night. The evening daylight is not that useful right now, being way too early to get out in our yards and gardens. Moving the time change to later in the fall was one thing, but the early advance only one week into March is close to ridiculous, and not much help to anyone. It could have at least waited for spring to arrive, along with all the rest of us.

Way Back When...

Singer, Scouts and speak-offs

Here's the news that made the headlines of the Lakeland Review and Elk Point Review for the week of March 4 in...

1988

New chamber of commerce president Gordon LeDrew was sworn in by Alberta Chamber president Al Herfst, who congratulated the chamber on "the incredible feat" of keeping the chamber going for 50 years, and considering the previous year's problems, added, "it's lucky that it didn't get stuck at 49." Operatic diva Iren Bartok was "On-stage With an Animal" at Elk Point's first-ever dinner theatre, her co-star a fine-feathered quacker from the flock of Review correspondent Mildred Dunham.

1993

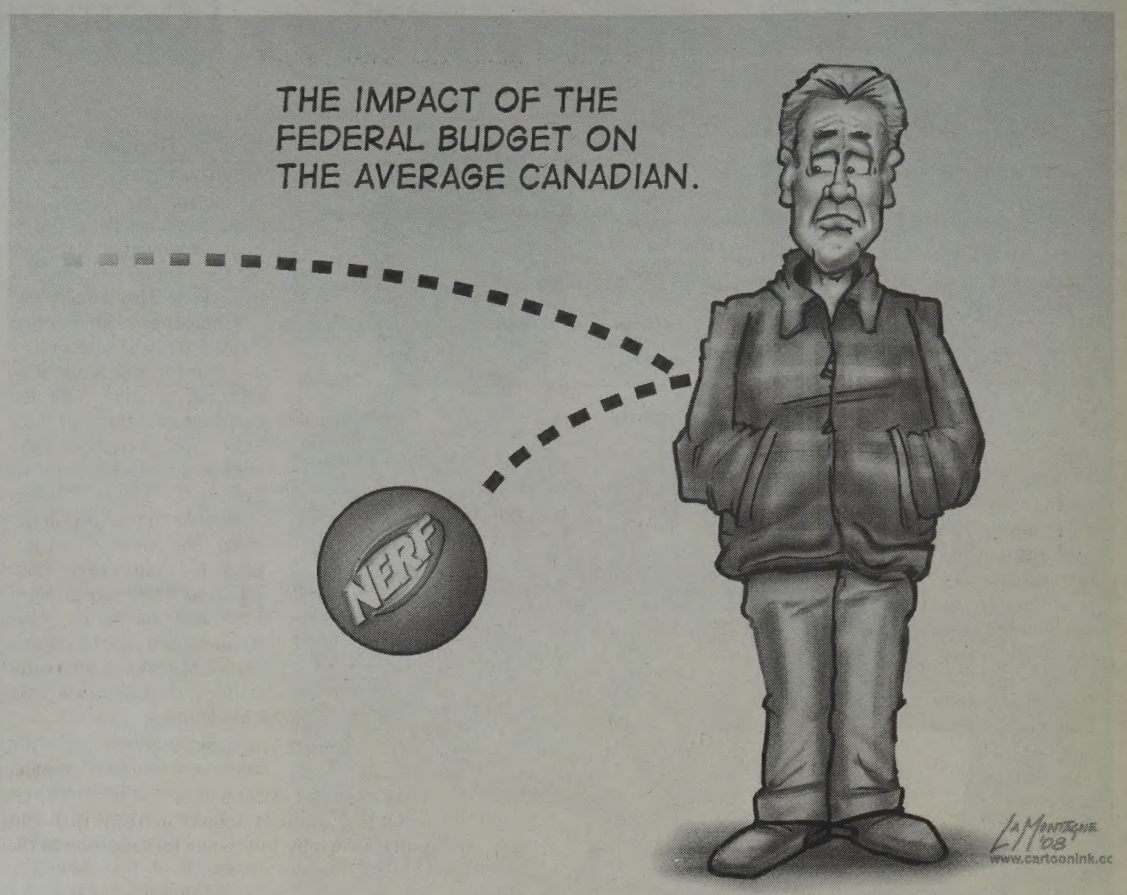
Scout and Guide Week was celebrated by the Scouting Association with their annual banquet and auction of award-winning cakes decorated by the Beavers, while the Brownies enjoyed a sleepover at Fort George and Buckingham House, complete with a roaring bonfire. MLA John Drobot announced that he would not be seeking the Progressive Conservative nomination in the next provincial election, saying that after 32 years in municipal and provincial politics, he felt it was "time to bow out."

1998

Elk Point 4-H Multi Club's public speaking competition went into overtime, with a second round of impromptus giving Peter Danyluk the edge over Michelle Leckie and James Babenek for the senior title, while Leanne Ference placed first and her brother Colin second in the junior division. Students from St.-Romuald, Quebec arrived in Elk Point to visit their counterparts at F. G. Miller High School as part of the SEVEC exchange program.

2003

Speakers entertained and informed at the 4-H Speak-off, with Amanda Zapesocki, Chelsea Schnurer and Janice Tymofichuk taking home the first place trophies. Both Elk Point Elementary and F. G. Miller High School achieved impressive milestones, with FGM Grade 12s scoring a 76.5 percent average, almost 10 per cent above the provincial average, on core subject departmentals and EPE moving up to a tie for 163rd from 270th in the province over the past five years in the Fraser Institute report to become the top-ranked school in the St. Paul Education Regional Division.



Guest Column

The morning after

Yesterday, we all had the opportunity to go to the polls and vote for our choice of who we wanted to see as our MLA representative. The results are now in and I am sure there will be some conversations about the results of yesterday's Alberta provincial election.

deanna **EASTHOPE**

from the FCSS desk

Was it predictable or was it a surprise? That depends on what your thoughts were about what would happen. Anyway, our thoughts now turn to what is really going to take place "the morning after." What changes will this 2008 government make? Change seemed to be the magic word in all the campaigns. So now we get to observe what really takes place.

Sometimes, politicians have a vision of that they think is best for the people. And then again, sometimes they will follow through on making it all happen. The morning after is really the first day of the change that was their vision.

There is a story about a young builder who had just gone into business for himself. A wealthy friend of his father came to him and said, "to get you started right, I am going to have you build a ranch house for me. Here are the plans. Don't skimp on anything. I want the very finest materials used, and I want flawless workmanship. Forget the cost. Just send me the bills."

The young builder became obsessed with the desire to enrich himself through this generous and unrestricted offer. Instead of employing top-grade labour and buying the finest materials, he shortchanged his benefactor in every way possible. Finally the last second-hand nail was driven into the last flimsy wall and the builder handed over the keys and bills to his father's old friend. The gentleman wrote a check in full for the structure, and then he handed the keys back to the builder.

"The home you have just built, my boy," he said with a pleasant smile, "is my present to you. May you live in it in great happiness!"

What does this story have to do with politicians and election results? Actually, there is a message in the story.

Alberta is a province that has taken over 100 years to become what it is today. Many people have invested and are investing their time, talent and money to add to the value of the province. Politicians have been given the key to make changes or do whatever with what they have been given. Guess what? After all the politics are over for the politicians, they too will become the people who will be living with whatever changes they once had an opportunity to become involved in.

In 1972, a song was made famous. It was a song from a movie that really outlined the whole message. It is the song from "The Poseidon Adventure" called "The Morning After," and the first verse states:

"There's got to be a morning after,
If we can hold on through the night,
We have a chance to find the sunshine,
Let's keep on looking for the light."

So to the people who were candidates in the 2008 Alberta provincial election, thank you for running and thank you for stating what you like to see happen in the province of Alberta at this time. Yes, there is a morning after the election and we all have a chance to make a difference in our province - whether we are politicians or whether we are anyone who lives and works here. Let us all keep on looking for the light. We all can make a difference in making Alberta a great place to live.

The Elk Point Review publishes a variety of opinions as a contribution to debate on matters of public concern. Unsigned editorials express the view of this newspaper's editorial board which includes the Publisher and the Editor. Signed pieces express the view of the individual writer.

Elk Point Review

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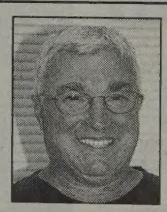

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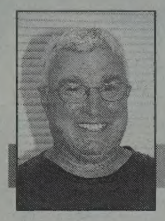
Rough end to Tier 2 league season



doug **BASSETT**
Review Sports

Some things never change. Ten years ago when my son Jordan played minor hockey, Kitscoty had the reputation of being a rough bunch and it looks like they haven't changed since then. The Peewee Avalanche met Kitscoty in a two-game, total-point series for the North East League Tier 2 final and had their hands full playing in two rough, penalty-filled games. The Avs seemed a little intimidated, coming out on the losing end of the battles in the corners for the puck and eventually on the score sheet as well.

Back when Jordan played with the Thunder we had no problem mixing it up with these guys, in fact it was quite the opposite. They looked forward to playing them and you really had to keep a few of the boys on a short leash, because they always wanted to go a little crazy.

Although the Avalanche have some big players, they really aren't quite as gritty as they could be, and you can't blame the buys if they did back off a little bit, not wanting to get hurt or suspended just before the provincial final. Regardless, we're still plenty proud of our Peewee boys who had a great year, coming in second overall in the league and winning the Zone 2 championship. This coming weekend the boys will be playing some exhibition games to keep their legs in shape. And be sure to pick up a copy of next week's special edition, read up on the player profiles of our Peewee Avalanche, the Peewee 'D' Provincial hosts. The provincial finals are less than two weeks away!

Micro Novice Tornadoes

A super finish to the season for the Micro Novice Tornadoes, winning their final game at home Sunday morning when they hosted Dewberry. Ross Hawryluk, Dustin Pankiw and Tammy Roberts all scoring hat tricks, Hayden Ludlage buried two and Dylan Ference capped it off with another. Liam Ludlage, Jace Stafford, Julie Mountain and Keaton Hawryluk all contributed assists. These little guys have all come a long way since the start of the season, thanks to a terrific job by the coaches, Kim Hawryluk, Christoph Ludlage and team manager Sheana Pankiw.

Atom Avalanche

March came in like a lion for the Atom Avalanche. An Avalanche of goals on Saturday afternoon when they hosted Lloydminster, winning this one big time. A very short bench with two coaches, but only one spare body to send out, but talk about production. Seven goals for the team captain, big defenseman Colin 'Naz Jr." Nazarchuk, Brandon "Snake" Garrett with four, Han Lo Pittlejohn with a hat trick, Dylan Odgaard with two real beauty wrist shots up to the top shelf and Madison Ference bagging one as well. Dustin Demers set up a few guys and did some great backchecking and goalie Brodin Ference had some "TSN highlight reel" Johnny Bower poke checks.

Bantam Girls Storm

Close but no cigar: down in the home of the famous Sutter brothers, Viking, the Bantam Girls Storm came up one goal short in the first game of their three-game series. Paige Huxley and Raven "Beauty" Quinney scored for the Storm. This coming weekend, the Storm will host Viking.

Novice Hurricanes

And over in Dewberry, the Novice Hurricanes played some superb hockey in a tournament there. Colton Cardinal and Austin "Ozzie" Stafford scored in their first game against Kitscoty. Down by four goals to Vermilion in their second game, the Hurricanes battled back to within one in the end, "Austin "Ozzie" Stafford with two, Brodie Grykuliak with a hat trick and Colton Cardinal behind the mask.

In their third game, tender Ryan McGee was awesome between the pipes, the game tied 0-0 going into the third, when the Hurricanes finally ran out of gas, the tank was on 'E' but what an effort, all the same. This weekend, the Hurricanes will play at home Saturday morning.

And now for the K. A. Campbell quote of the week: "Sources confirm that there is no one left in Canada who can remember when hockey was a simple game, played for fun." Last week's answer to: "I was a multimillionaire from playing hockey, then I got divorced and now I'm a millionaire." – Bobby Hull.

Do you have nay scoops? Please e-mail them to sportshound007@hotmail.com

Elk Point Economic Development Committee

BOARD MEMBERS REQUIRED

The Town of Elk Point Council is currently seeking enthusiastic individuals with a keen interest in making a difference in our community by being a member of the Elk Point Economic Development Committee.

The following positions are available:
- 1 - Chamber of Commerce
- 1 - Agricultural Society
- 1 - Recreation
- 1 - Energy Sector
- 3 - Community at Large
- 1 - For each of the 4 Focus Groups

Please submit your application in writing to the Town Office, indicating your intent to act in the capacity of a board member.

The town will be accepting applications until March 24, 2008. For more information call the Town Office at 724-3810.

Dated in Elk Point this 11th day of February, 2008
Myron J. Goyan - Town Manager

Elementary students, staff show empathy with fundraiser

By Vicki Brooker
Review Staff

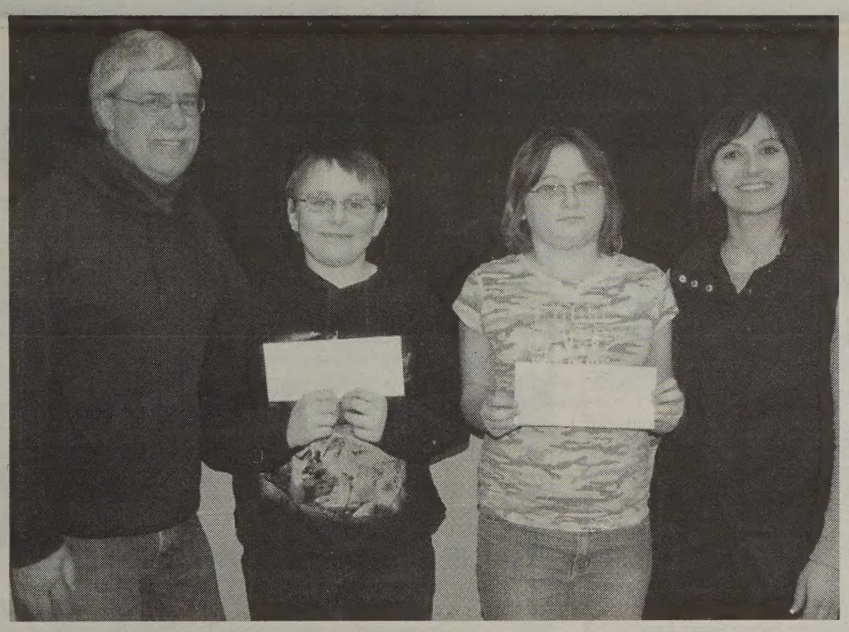
A special assembly on Friday, Feb. 29 at Elk Point Elementary School focused on one of the virtues the school has emphasized in their Tiger's Pride program, principal Lorne Young told the students.

"One of the virtues that make us good people is empathy, the ability to feel the hurt others are going through. As a school, we have done something amazing to help two families who are hurting."

The school's Valentine's Day candygrams raised a substantial amount of money to help the families of student Cassandra Glambeck and former student Brandon Ziomek, who are both currently undergoing treatment for cancer. Young assured the student body that their friends are doing well, but acknowledged that their illness is making this a bad time for their families, with numerous trips to Edmonton meaning the parents are taking time off work to be with their children.

The school will be doing popcorn sales during the rest of the year to raise additional funds to assist the two families.

Raising funds to help others is nothing new at EPE. Their annual Jump Rope for Heart has raised over $10,000 per year, while their annual MS fundraiser is "another example of how people help people."



Vicki Brooker photo

Principal Lorne Young and teacher Christine Roche presented Perry Glambeck and Robyn Ziomek with the proceeds of the school's Valentine candygram fundraiser. Perry's sister Cassandra and Robyn's brother Brandon are undergoing cancer treatment and the money will go to assist the families in coping with additional expenses, such as trips to Edmonton and taking time off work to be with the young patients.

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RPAP The Alberta Rural Physician Action Plan

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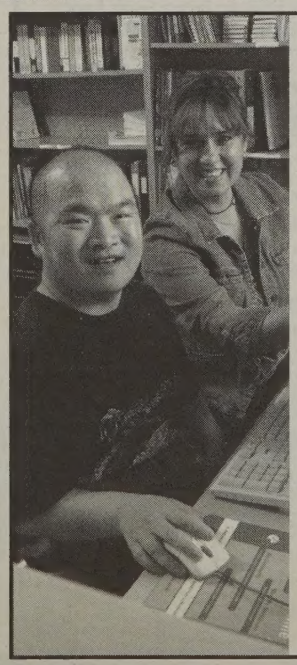
Award of Distinction

Recognizes a rural physician who presently lives and works in rural Alberta and has done so for more than 12 years, and who demonstrates superior commitment and contributions.

Alberta Rural Community Award

Presented jointly by RPAP and the Alberta Chambers of Commerce, recognizes a rural Alberta community that has best developed innovative and collaborative approaches that have resulted in successful physician recruitment and retention.

For nomination information, check the RPAP website at www.rpap.ab.ca or call toll-free 1-866-423-9911



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Vicki Brooker photos

Show and go

Elk Point TrailRiders Snowmobile Club hosted their annual Antique Snowmobile Show and Sine on Saturday, with well over 30classic machines,on display. The two oldest machines, the red sleds in the lineup below, were an Arctic Cat and an Autoboggan, both 1963 models and both owned by Gary Suvak. At bottom left, a visitor captures some of the oldies but goodies on film, while at top left, a proud owner points out some of the features of his vintage sled to admiring enthusiasts. Above, Fred Lawrence, Lynall Slywka and Rocky Botting prepare to head off down the Iron Horse Trail to Lindbergh on the trail ride at the conclusion of the show.

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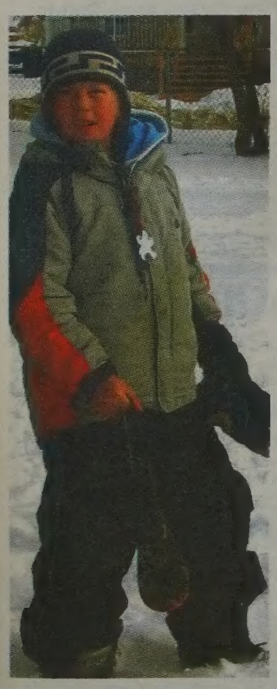
EPE enjoys winter carnival

Elk Point Elementary School students enjoyed racing on toboggans (above) and planks (below at Friday's Winter Carnival.

The rowdy rivalry of a broomball game is a great way to warm up a winter afternoon, as these youngsters discovered at last Friday's EPE Winter Carnival.

Diane Dewan photos

A midwinter takeoff on the traditional egg-and-spoon race involved carrying a much-less-messy ice cube on a spoon down the race course at all possible speed.



The boot toss was another favourite game at Elk Point Elementary's annual Winter Carnival.

UPCOMING AUCTIONS

Thursday, March 13, 2008 at 6:00 p.m. -- Consignment Sale at the Kryzanowski Auction site. Consisting of '81 GMC 1/2 T, '94 quad 4x4, lots of household (appliances + other items), lots of large + small tools + tool boxes, saddles, new doors, new tools + other new items, lots of miscellaneous.

Saturday, March 29, 2008 -- For the **late Mike Arseniuk** at the Kryzanowski Auction site. Household, tools and a lot of antiques.

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Federal budget focuses on more tax relief

By Mallory Houle
Staff Writer

The recently released federal budget introduced new spending and focused on creating slight tax relief for all Canadians.

Last Tuesday, the Conservative government tabled its third budget, which having gained support from the federal Liberal party, seems to have erased the looming possibility of an election this spring.

The budget contains $3 billion in new spending and includes a new $5,000 per year Tax Free Savings Account.

The newly implemented account will negate the taxation of investment earnings and allow all-purpose tax-free withdrawals.

Leila Houle, the Liberal candidate for MP Westlock-St. Paul, said the budget was one that failed to impress.

According to a press release issued by Houle's campaign office, "the Conservatives have basically produced a Liberal-themed budget and have in effect, presented a watered-down version of Liberal policies.

"When it comes to original ideas, they have little to offer," Houle said. "Imitation is the highest form of flattery."

Brian Storseth, the Conservative MP for St. Paul-Westlock, pointed out the positive points of the budget.

"We've continued with tax cuts and good fiscal management and reducing our deficit," Storseth said.

"This is the third Conservative budget and it continued to put forth our themes," he said. "Our spending was only increased by three per-cent. It's about limiting spending and reducing taxes. We're going to get money back to Canadians."

Other modest benefits targeted students, farmers, seniors and immigrants among other groups.

Additional funds focused on environmental protection, including $250 million for conducting research into carbon emissions capture and storage, while other funds concentrated on combating crime rates, most notably with $400 million to assist provinces in implementing recruiting programs for 2,500 new police officers.

In the coming fiscal year, the budget is expected to project $239.6 billion in spending, a 2.2 per-cent increase from the past fiscal year, which is scheduled to end on March 31.

In addition, figures project revenues of $241.9 billion for the coming year, and a surplus of $2.3 billion, down from $10.2 billion for the current year. In the following year, it is estimated that the surplus will decrease to $1.3 billion.

Danielle Smith, the director of provincial affairs for Alberta with the Canadian Federation of Independent Businesses (CFIB), said that the federation graded the budget with a B+.

"It seems to have framework that will lead to long term tax cuts, but we would have liked to see a long term plan to reduce income taxes substantially," Smith said. "It would've been nice to see more personal tax cuts."

Overall, CFIB found the budget to be sensible, she said.

"Often money just gets thrown around, especially if there's a possibility of an election," Smith said. "We're happy to see that this is a very prudent budget."

Photo submitted

Students in El Paso, Texas, join Elk Point's Grade 2A class in a reading program via videoconferencing technology.

Making history at EPE

By Lorne Young
Principal, Elk Point Elementary School

Kris Ann Jenner's grade 2A class took its place in history on February 27, 2008 as they took part in a reading program called "Read Around the Planet". This program used videoconferencing technology to link students in classes around North America. Jenner's class read and performed readers theatre to a grade 2 class in El Paso Texas and then became the audience as those students read to us. This is the first time classes have been linked together in a coordinated effort to meet a common goal; sharing reading internationally. Congratulations.

Videoconferencing represents another technology tool being used at our school. We also use videoconferencing to provide speech therapy services to students when a therapist is not available to come to our school. It is also used as a tool for our staff to attend professional development activities or meetings without leaving the school.

Videoconferencing, smart boards, data projectors, laptop computers, upgraded computers in our labs, and wireless internet access already exist or are being added during this school year. Each technology tool adds another dimension to our student's learning and the range of instruction they can access.

Trip of the Month winners

By Sandra Bishop
Elk Point Community Lions

Doris Wilson has been trying for years to get her husband, Laverne, off the ground, and this year she finally convinced him to take a trip to New Zealand and Australia. Now she's going to have trouble keeping him at home, since Doris and Laverne are the winners of this month's Trip of the Month Club grand prize - an all inclusive holiday in Puerto Vallarta, Mexico!

The Community Lions' Trip of the Month Club second and third prize winners are: Rose and Doris Pindroch, and Jolene Croteau. Congratulations!

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Vicki Brooker photo

New girls in town

There's some new girls in town, and they're kicking up their heels at the Elk Point Choral Society and Friends' presentation of The Saloonkeepers' Daughter, which opened last weekend at the Elks Hall for the first of three sell-out weekends. Sally (Christine Jubinville), Molly (Mabel Gottenbos) and Cinnamon (Dixie Coleman) are the prime attraction for Seedy (John Sieben), Blackie (Don Conrad) and Grimy (Shilo Salzman) in "Hey, There, Naughty Lady!" one of the numerous songs in this musical melodrama, which includes a villain (boo! hiss!), a taste of romance (sigh!) and an all-star cast to keep you entertained all evening long. Watch for a complete review of the show, as soon as the final curtain has closed.

Advantages to direct seeding into cool soil

The issue of cool soils and direct seeding is always a topic of discussion for Alberta farmers at seeding time. To address producer questions, a new fact sheet, Cool Soil Temperatures in Direct Seeding Reduces Crop Stress and Improves Yield has been developed. The fact sheet examines the effects of residue cover throughout the growing season, and how cooler soils can lead to reduced plant stress resulting in higher yields.

"No-till or direct seeding is a conservation practice and has been proven to be economical when the savings on fuel, farm machinery-life and reduced labour costs are considered," says Peter Gamache, Reduced Tillage LINKAGES team lead, Edmonton. "As well as cost savings, reduced tillage practices have been shown to maintain or improve crop yields while enhancing environmental benefits such as increased soil-organic matter, improved moisture conservation and use efficiency and reduced soil erosion. Direct seeding also has the potential to sequester atmospheric carbon dioxide – an important factor in the mitigation of green house gas emissions."

A characteristic of no-till or direct seeding is that it retains most of the crop residues on the soil surface. This crop residue acts as insulation and impedes the rate at which thermal energy is exchanged between the soil and the atmosphere, affecting soil microclimate through reducing the wind speed near the soil surface and the heat transfer through evaporation and heat flow. This often keeps the soil temperature one-to-two degrees cooler in zero-tilled fields than in conventionally tilled fields. Crop residues also help to trap and hold snow, and enhance moisture absorption during summer rains. This results in increased soil moisture availability at seeding time and throughout the growing season.

"Growers in the black soil zones of Alberta have often raised concerns about cooler soil temperatures at seeding time under no-till systems," says Gamache. "This is often one of the reasons cited for using conventional tillage. The extent to which these cooler soil temperatures influence crop emergence and establishment, and its subsequent growth in the black soil zones of Alberta is not fully understood."

The focus of this new fact sheet is to summarize all of the current information on the effect of cool soil temperature on crop emergence, establishment, growth and yield in direct seeding systems. The Cool Soil Temperatures in Direct Seeding Reduces Crop Stress and Improves Yield fact sheet can be viewed on the Reduced Tillage's website.

Biosecurity: it's for the birds

The Poultry Research Centre at the University of Alberta is hosting a Biosecurity Is For The Birds workshop for commercial poultry producers. Tailored to owners and managers of commercial poultry operations, the workshop will provide participants information they need to improve their biosecurity through vigilance, informed decision-making, improved practices and minor infrastructure retrofits. The workshop is also relevant to farm staff, partners and family members and service industry personnel. This one-day workshop includes presentations on:

- why biosecurity matters
- managing access and visitors to the farm
- lapses in biosecurity that have led to disease outbreaks
- moving within the farm premises
- managing farm inputs
- manure and mortality management
- cleaning and disinfection
- pest management

The workshop is being offered in Lethbridge at the Lethbridge Lodge on March 13, 2008 and in Olds at Olds College on March 14, 2008. Cost of the workshop is $40 per person. Registration by March 7, 2008 is requested. For further information or to register, phone Laurie Heidebrecht in Edmonton at 780-492-1561 or Matt Oryschak at 780-492-7694.

Watch next week's issue for full details on the Peewee 'D' Provincials and our salute to Minor Hockey

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World Day of Prayer coming Friday

By Vicki Brooker
Review Staff

The World Day of Prayer, a worldwide movement of Christian women who come together each year on the first Friday in March with a common day of prayer, is coming to Elk Point Christian Community Church on March 7.

The Christian Community congregation will be joined by members of the Ukrainian Orthodox, Ukrainian Catholic, Roman Catholic and United churches from Elk Point for the unique 7 p.m. ecumenical service, which this year has been written by the women of Guyana.

World Day of Prayer is an affirmation of faith in Jesus Christ and a way of becoming aware of the whole world, as participants are enriched by the faith experiences of Christians in other countries and cultures. It is also a way to share the burdens of other people and to pray with them and for them, to become aware of one's own talents and of ways to use those talents in the service of God.

For more information about World Day of Prayer or the local service, please call Ruth Vogel at 174-4039.

Rustle up some new westerns @ the library!

By Nicole Labrie
Elk Point Municipal Library

Feel like taking a trip to the Old West? Come on out to the Elk Point Municipal Library, and take a look at our new westerns! That's right, we've just gotten a new shipment of western books. These books are very popular, and we just can't seem to keep them on the shelves. Every week we get new books, so be sure to check those out!

The library is going to be having an event-filled month this March. The seniors' tea will be happening March 11 at 2 p.m. and we hope to have a special visitor on hand. We welcome you to come and join us for an afternoon of coffee, tea and treats, mixed with a bunch of laughs.

A new event at our library is the knitting group. That's right, come knit with us at the library on March 18 from 1 p.m. to 4 p.m. Don't worry if your knitting skills are less than polished, basic instructions are taught to those who need it. Everyone is welcome.

Spring is coming, and to celebrate that, the Elk Point Municipal Library is taking its spring books out of hibernation! Look for a display of books that have to do with gardening, spring cleaning, even outdoor construction and entertaining - and check out the magazine rack too, for the latest information on creation a great garden.

Let's celebrate the fact that spring is almost here by paying a visit to the Elk Point Municipal Library!

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Pastor Jason Goulet
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Sunday School - 11:15 a.m.
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"To Know, Apply and Share the Power oi Christ"
Worship Service - Sunday 10 a.m.
Sunday School - 10 a.m.
Pastor Bill Kryzanowski
(780) 635-4064

St. Michael's Roman Catholic Church
Father Ambrose
Sunday Mass.
11:30 a.m.
Mass 1st Tuesday of the month at Parkview Extended Care, 4 p.m.
Mass and Holy Hour
1st Friday of the month at 7 p.m.

Bethel Lutheran Church of Lea Park
Weekly Services, 10:30 a.m.
Holy Communion 2nd and 3rd Sundays

Bible Fellowship Church Clandonald
Services held every Sunday at 11 a.m.

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130. Coming Events

56TH ANNUAL Edmonton International Oilmen's Bonspiel, April 3 - 6, 2008, Granite and Shamrock Curling Clubs. Over $15,000. in CASH Prizes. 64 Teams - 8 Events. Now accepting registrations. For more information contact: Adam Knoll, 780-440-2851; agknoll@telusplanet.net. Website: www.edmontonoilmens.ab.ca.

190. Announcements

ARE YOU a new or expectant mother? Join the new Mom Registry today for free gifts or information. Please enter on the Web. Use ID# 101. www.new-mom.ca.

FARMERS AND ACREAGE Owners. Help ARRGO meet the world wide demand by growing a Medicinal Herb called Rhodiolia rosea. For info visit www.arrgo.ca. Call 780-983-0199.

MOVE TO Killarney, Manitoba, near US-border. With healthcare, schools, jobs, affordable housing, lake, golf course and new 78,000 square foot recreation facility; www.killarneymanitoba.com. Call 204-523-7247.

200. Business/Invest. Oppor.

A GREAT OPPORTUNITY to own your own pet food business, turnkey for under $10K. For more information call toll free 1-877-738-3287 ext. 217 or visit: www.ripleesranch.com.

ALL SALES EXECUTIVES, potential to earn like a CEO, without the stress! How would that change your life? Commission based. Call 1-877-822-4697; www.wealthandabundance.biz. No traveling.

BOTTLED WATER BUSINESS, east central Saskatchewan. Includes land, bottling plant, bottling equipment, 18.9 litres complete filtration equipment. Clientele depots, home business delivery. 15 years in business. 306-745-3344.

www.cashforlife.ws A Business for everyone. No selling, easy setup, low cost to start. Phone 780-827-8670

200. Business/Invest. Oppor.

DIRECT SALES leaders wanted. New industry category product making significant impact in international markets! Huge earning potential. Full training provided. Inquire at www.healthcalgary.teaminmotion.com.

EXCITING CAREER OPPORTUNITIES! Own a profitable For Sale By Owner Real Estate Marketing business. Exclusive areas, no licence required www.nocomcanada.ca 306-446-2710.

NEED MONEY FAST. Immediate approval. Credit, age, income are no barriers, debt consolidation, interim financing, home purchase, small business start-up. Consolidated Mortgage and Loans. Members BBB 1-780-452-5858.

THE UPS STOREÆ - Franchise opportunity available. Join Canada's largest network of neighbourhood business service centres. To learn more visit www.theupsstore.ca or call 1-800-661-6232.

410. Education/Training

BECOME A VETERINARY assistant in 24 weeks at Granville Business College. Specializing in veterinary assistant diplomas for 15 years. Classes every 3 months; www.vet-assistant.com. 604-683-8850.

LEARN HOME STAGING with our comprehensive distance education course. Get professional instruction, hands-on practice, and full business training. ISRPÆ certified. Free brochure. Call 1-800-267-1829; www.qcdesignschool.com.

MASSAGE CAREER. Train at our highly regarded, progressive school and graduate with confidence! Excellence in education, guaranteed! 403-346-1018.

TRAIN FOR a new career in medical transcription. Work from home. 99% employment rate. Contact CanScribe today for a free information package. 1-800-466-1535; www.canscribe.com / info@canscribe.com.

500. Tenders

County of St. Paul No. 19

FOR SALE BY TENDER

Will receive tenders until **4:00 p.m. March 7, 2008**. All items can be viewed at the County Shop. Highest or any other tender not necessarily accepted. For more information call Larry or DD at **(780) 645-3006**.

TRUCKS:

1990 Chev. 1/2-Ton - Ser. #2GCEC14HXL1182527
1990 Chev. 1/2-Ton - Ser. #2GCEC14H5L1181138
1976 Chev. 6500 Fuel Truck - Ser. #TCE676V58226
1989 Chev. 3/4-Ton Crew Cab - Ser. #1GTGR23K7KJ508296
1985 IHC 1900 Dump Truck c/w snow plow and sanding box - Ser. #1HTLDTVR1FHA47189
1985 GMC 1/2-Ton - Ser. #2GTEC14H9F1526532
1982 Ford 1-Ton Flat Deck - Ser. #1FDKE30L3CHA54948
1979 GMC 7000 Fire Truck - Ser. #T17DE9V616102
1979 GMC 7000 Fire Truck - Ser. #T17DE9V617021
1979 GMC 7000 Fire Truck - Ser. #T17DE9V618808

EQUIPMENT:

1979 A-C 645B Loader - Ser. #11Y06190
1999 CAT 980G Loader - Ser. #2KR02777
1986 CAT D7G Crawler - Ser. #92V12909
1971 Willok 8 Wheeler Trailer - Ser. #5542A

AGRICULTURAL

Wheatland Post Pounder - Ser. #201570

Leo deMoissac
Public Works Superintendent

510. Legal Notices

NOTICE TO CREDITORS & CLAIMANTS

Estate of JOHN GUSNOWSKI, who died on February 17, 2008.

If you have a claim against this estate, you must file your claim by **April 1, 2008** and provide details of your claim with **Doris Gusnowski, Executrix, Box 327, Elk Point, AB., T0A 1A0.**

If you do not file by the date above, the estate property can be lawfully distributed without regard to any claim you may have.

1005. Help Wanted

BLUE SKY COATINGS is looking for experienced paving personnel, truck drivers, flag persons, and a foreman. Benefits, profit sharing, excellent wages. Please forward resumes to Angela at bluesky@cablerocket.com

CLASSIFIED DEADLINE Thursday 4 pm

1500. Help Wanted - Prov.

ADDITIONAL INCOME! Mystery Shoppers, customer service needed for retail stores, food industries and financial institution in most areas. Post-secondary students welcome. No fees. Application: www.cmarresearch.com.

ALBERCO CONSTRUCTION Ltd. Do you want to work for a reputable professional construction company with excellent safety and training programs? Leaders in bridge construction are hiring an energetic carpenter and an experienced construction labourer. Work in Edmonton area and Northern Alberta. Must have reliable vehicle. Will train. Company pays apprentice school fees and books. Year round employment, great benefits, pension plan, above average wage. $15.74 - $30.+ depending on experience. Please send resume to: info@alberco.com or fax 780-482-0931. Immediate full-time.

1005. Help Wanted

PART-TIME / FULL-TIME
Chambermaids
Required immediately
Apply to Maria at the
HILLTOP MOTOR INN
or Ph. 724-4001

REQUIRED IMMEDIATELY
IN THE ELK POINT AREA
*** WELDER'S HELPERS**
*** TOOL TRUCK OPERATORS**
*** LABOURERS**
Competitive wages and benefits package.
Fax resume 780-724-3244

COUGAR FUELS LTD PETRO-CANADA

INTERESTED IN A REWARDING CHALLENGE?

We are currently accepting applications for a

Class 1 TRUCK DRIVER

with an Air Brake Certificate.

Previous experience in the oil and gas industry would be an asset. A recent copy of your driver's abstract will also be required.

This is a full-time position based out of Bonnyville with scheduled shifts and full benefits with an RRSP package.

Please present your resume to:
Cougar Fuels Ltd.
5602 – 54 Avenue
Bonnyville, Alberta T9N 2N3
Attention: Brent Martin
Telephone: 826-3043 Ext 200
Fax: (780) 826-6353 or
E-mail: brentm@cougarfuelsltd.ca

1500. Help Wanted - Prov.

ALL LEVELS of Welders. Offering overtime, competitive wages, benefits, RRSP's and apprenticeship opportunities. Apply to: Do All Metal Fabricating, Estevan, SK. Email: jkorf@doallmetal.com. Fax 306-634-8623.

1005. Help Wanted

1500. Help Wanted - Prov.

CAPT. AYRE LAKE seeking mature couple for caretaking duties from May 1 to September 30/08. Further info Karolyn 780-753-2935. Fax resume 780-753-2958. Deadline March 15/08.

1005. Help Wanted

1500. Help Wanted - Prov.

EMERALD TRUCKING, High Prairie, Alberta is currently seeking Class 1 Drivers, Vacuum Truck Operators and Heavy Duty Mechanics. Fax resume to 780-523-5833.

1005. Help Wanted

the RIGHT PEOPLE doing the RIGHT THINGS

If your goal is a career with a leader in the oil and gas industry, one that offers a commitment to providing environmentally-friendly solutions and excellent customer service, then consider joining CCS Midstream Services. As a leading supplier of treatment recovery and disposal (TRD), cavern and engineered landfill facilities, CCS Midstream Services offers a complete benefits package, a unique employee investment plan and the chance for dedicated professionals to apply their passion for service and develop their careers in a results-oriented, people-focused environment.

Facility Operator(s) – Lindbergh

As our ideal candidate, you are a self-motivated individual with a mechanical background. You work well as part of a team and are self motivated. Possession of a boiler ticket would be an asset.

For more information about CCS Inc., please visit our Website at:

www.ccsmidstreamservices.com

CCS MIDSTREAM SERVICES

To apply, please send your résumé, by March 6, 2008, to:
Wade Krider, Lead Operator
CCS Midstream Services
Fax: (780) 724-4961
E-mail: wkrider@ccsmidstreamservices.com

CCS Midstream Services would like to thank all applicants, however, only those considered for the position will be contacted. No phone calls, please.

UNISYS
imagine it. done.

Field Hardware Technician (CIR 5) Cold Lake/Bonnyville

Unisys is a worldwide information technology services and solutions company. We provide consulting, systems integration, outsourcing and infrastructure services, combined with powerful enterprise server technology. We specialize in helping clients use information to create efficient, secure business operations that allow them to achieve their business goals. Our consultants and industry experts work with clients to understand their business challenges and create greater visibility into critical linkages throughout their operations. For more information, visit http://www.unisys.ca/about__unisys/careers/index.htm

We offer a competitive total rewards program in a Pay for Performance environment, including opportunities for growth and development through Unisys University, tuition reimbursement, benefits, including medical, dental, life, disability and Group RRSP.

We are currently searching for a Client Infrastructure Representative (CIR 5) to fill a new position to service the Cold Lake/Bonnyville area.

You will start your work day from home, and perform activities associated with installing, maintaining and servicing deskside computer-related products, at customer sites, by using standard methods, techniques and tools applicable to the area in which they are working. Equipment support may include servers, PC & laptop computers, storage sub-systems and drives, computer and telecommunications systems as well as networking equipment such as switches and routers (typically, Wintel based servers, EMC storage and Cisco/Nortel networking systems). You will also perform break/fix on Xerox and Lexmark printers.

Knowledge and Qualifications

- A+ Certification
- Laser printer break/fix essential
- Ability to Lift up to 50 lbs
- Must have own vehicle and valid driver's license
- Specific Manufacturers certifications, an asset but not required (i.e. Xerox, IBM, HP, Dell, Nortel, Cisco, Microsoft, and CompTIA Network+)
- At least 2 years troubleshooting software and hardware problems
- Knowledgeable in servers, Microsoft/Linux/Unix applications, network protocol, internetworking, configuration, and possess advanced PC support capability.
- Ability to test and certify PC, networks, servers and client /Unisys approved software applications and associated peripherals
- Excellent analytical and client communication skills

- **Must be able to clear extensive background check and be security cleared by the Canadian government to the level required by our clients**

Qualified candidates are encouraged to forward their resumes in confidence, via email in Word or PDF format to: canadarecruitment@unisys.com. Please refer to Bonnyville CIR5 in the subject heading. No phone calls or agencies, please. **We are an equal opportunity employer committed to workforce diversity.**

CLASSIFIED AD RATES

ELK POINT REVIEW Tuesdays - $6.00 per week + GST
ST. PAUL JOURNAL Tuesdays - $7.00 per week + GST
BONNYVILLE NOUVELLE Mondays - $7.75 per week + GST
LAKELAND REGIONAL Mondays - $7.75 per week + GST
COMBINATION OF 3 PAPERS - $16.00 / WEEK
COMBINATION OF 4 PAPERS - $20.00 / WEEK
(20 cents per word per newspaper insert over 20 words)

lakeland marketplace COMBINATION CLASSIFIEDS

Your classified ad can be read in over 10,000 papers.
Select your classified readership for as little as $6.00 / week.

*** Bonus: St. Paul Journal Classifieds also featured online at www.spjournal.com*

Corrections - The publisher will be responsible for only one insertion as a correction. It is the responsibility of the purchaser of the classified ad to check their ad after the first publication and let us know if there is a mistake before the next insertion is printed. ***The publisher will not be responsible for errors in classified ads that have been phoned.***

THE WINNING TEAM

YOU AND THE CLASSIFIEDS GET YOU WHERE YOU WANT TO GO

Place your order at either of our offices:
St. Paul Journal - 645-3342
Elk Point Review - 724-4087

1500. Help Wanted - Prov.

BIRCH HILLS Gas Co-op Ltd. has immediate opening for gasfitter and or utility operator. Experience in natural gas distribution and burner tip service an asset. Send resume to: Box 156, Wanham, AB, T0H 3P0. 780-694-3868.

1005. Help Wanted

1500. Help Wanted - Prov.

DRIVERS WITH CLASS 1 required to work with drilling (Horizontal) crews. Ideal candidate will be trained on operation of drilling equipment. Overnight, weekends are required. Email: mtschritter@eveready directional.com or fax 780-955-8925.

1005. Help Wanted

ELK POINT CO-OP

IS RECRUITING FOR THE FOLLOWING POSITION:

FULL-TIME

MEAT CUTTER / WRAPPER

Willing to train.

The Elk Point Co-op offers competitive wages and an excellent benefit package.
Training provided and opportunity for advancement.

Apply within to Aaron or Mark

LEEWAY
HEAVY OIL (1996) LTD.

Box 383, Elk Point, AB., T0A 1A0

requires

- **Heavy Duty Mechanics** - $33 - $39 / hr.
- **Tri Vac Operators** - Class 1
  Experience required
  (Sign-on bonuses may apply for qualified individuals).
- **Flushby Operators** - Class 3

– All positions based out of Elk Point

– Ph. 724-3026 or Fax resume to 724-2816

Rocky Pine

OILFIELD SERVICES LTD.

LOCATED IN ELK POINT / LLOYDMINSTER

ARE YOU INTERESTED IN A CAREER IN THE OILFIELD INDUSTRY?
Positions available for:

*** EXPERIENCED OPERATORS**
*** DISPATCHERS**

Pressure / Tri Axle Vacuum / Body Job Vacuum / Steamer Unit
We offer a regular schedule and benefit package
All Safety Courses and Training.

ARE YOU A TEAM PLAYER
HAVE A POSITIVE ATTITUDE
TOP INCENTIVES OFFERED.
VALID CLASS 1 OR 3 LICENSE A PREREQUISITE.

Fax resumes and driver's abstract to (780) 724-2211

LEEWAY
HEAVY OIL (1996) LTD.

ASSISTANT GENERAL MANAGER

Required for

ELK POINT AREA

Duties, Responsibilities and Qualifications:

- Field supervision of flushby units, pressure trucks, vacuum trucks and tank cleaning crews
- Customer relations and consultation
- Employee and subcontractor supervision
- On-site safety check-ups and supervision
- Excellent organizational and communication skills
- Must have direct experience in this type of work
- Ability to work with minimal supervision
- Dispatch trucks when necessary

For confidential consideration, please fax resume to 724-2816, Attention: AL

All applicants are thanked but only those selected for an interview will be contacted.

CLASSIFIED AD DEADLINE
Thursday 4 pm

1500. Help Wanted - Prov.

LAMONTAGNE CHOCOLATES (a fundraising company) requires full-time sales reps in Edmonton, Leduc and Sherwood Park area. Home based; vehicle required; exclusive territory; expense allowance. Email resume: gaucoin@lamontagne.ca.

EMERALD TRUCKING, High Prairie, Alberta is currently seeking a full-time Safety Supervisor. CRSP preferred. Please fax resume to 780-523-5833.

TED CASSIDY'S
★ ELMORE ★ BEST SELLER ★

1005. Help Wanted

TRUCK'IN 2000
Wash & Lube
724-4440

Requires Immediately

Responsible mature individual for

FULL-TIME DAY SHIFT WASHER/HELPER

Apply to Barry at:

4605-50 Ave. Elk Point or Phone 724-4440

1500. Help Wanted - Prov.

ASSISTANT MANAGER. If you are a positive, energetic person looking for an opportunity to advance your career, look no further! Freson Market Ltd., an Alberta owned and operated company, is currently seeking an Assistant Manager to join our management team. We are looking for someone that is organized and personable with strong leadership skills. Fundamental to your responsibilities is to ensure quality product and exceptional service standards. We offer deferred profit sharing, a comprehensive benefit package, a performance bonus plan, a family grocery discount and career opportunities across the province. Salary will commensurate with experience. Please send resume to: V. Allen, Human Resources, Freson Market Ltd., Head Office, 9020 - 90 St., Peace River, AB, T8S 1Z4. Fax 780-624-1349. Email: vallen@freson.com.

EMT REQUIRED immediately for industrial work. New fully stocked unit, accommodation and subsistence provided. For info call Spot Medical Support 780-622-8424 or fax 780-622-2849.

MILLWRIGHTS, Plumbers/Pipefitters, ironworkers/riggers, carpenters/concrete finishers, equipment operators required for Tli Cho Logistics in Yellowknife, NWT. For information and to apply go to http://cytiva.com/tlicho or fax 867-920-7328.

1005. Help Wanted

Aspen Regional Health Authority

ELK POINT HEALTHCARE CENTRE

Full-Time / Part-Time

REGISTERED NURSES / GRAD

The **Elk Point Healthcare Centre** is currently recruiting for a **Permanent Full-Time and Permanent Part-Time Registered Nurses** to work in the ***Acute Care / Emergency Department***. Shifts are all 12 hour shifts, 7 am - 7:15 pm and 7 pm - 7:15 am.

*Forward resume by **March 14, 2008** to:*

Pam Ballas, Head Nurse Acute Care
Elk Point Healthcare Centre
Bag #3, Elk Point, AB., T0A 1A0, Fax: 780-724-3085
Email: pamela.ballas@aspenrha.ab.ca

Note: All new offers of employment are subject to a Criminal Records Check satisfactory to the employer. This information is collected by the authority of the Protection of Persons in Care Act (Section 5.(3).

St. Paul Education Regional Division No. 1

INSTRUCTIONAL ASSISTANT

Required for

F.G. Miller Jr./Sr. High School

F.G. Miller Jr./Sr. High School requires a full-time Teacher Assistant commencing immediately. Training and/or experience working as a teacher assistant would be an asset. The successful candidate will have strong interpersonal skills and a desire to work with children with special needs in a dynamic environment.

For further information please contact Mr. Colin Bjorkman, Principal at 724-3966.

Resumes and supporting documents can be faxed to 724-3039. The deadline for applications is March 7, 2008.

In accordance with Board Policy, the successful applicant will be required to provide a current Criminal Record Check.

We thank you for your interest; however, only those applicants selected for interview will be contacted.

1500. Help Wanted - Prov.

ATTENTION: Agricultural Journeyman Parts and Service Technicians. Did you know the John Deere Industrial Equipment dealers pay up to 30% more in hourly wages? Why not join the Brandt Tractor team at one of our 5 locations in Alberta or 21 locations across Western Canada. We are also seeking resident technicians in Drayton Valley, Lac La Biche, Wainwright, Camrose, Vegreville, Cold Lake, Bonnyville and Wetaskiwin. Brandt has been recognized as one of Canada's top 50 Managed Companies for the past 3 years. If you want a great career with a rapidly growing and dynamic company, send your resume to: Brandt Tractor Ltd. Attention: Greg Davidson, 10630 - 176 St., Edmonton, AB, T5S 1M2. Fax 780-489-6891; cackland@brandttractor.com.

FULL-TIME SPORTS Reporter required immediately in BC. Reporting experience and photo skills an asset. Subsidized accommodation available. Profit sharing. Email resume: spotlight_news@shaw.ca. Fax 250-663-8780. Phone 250-663-8747.

LICENSED HEAVY DUTY Mechanic required for truck/trailer and heavy equipment service. Located in Vermilion area. C.V.I.P. experience is necessary for this position. Benefit, RRSP plan, competitive wages. Apply: Box A c/o Vermilion Standard, 4911 - 50 Ave., Vermilion, AB, T9X 1A6.

MANAGING COUPLE required. 130 site family campground, 20 minutes SE Calgary. Hardworking mature, serious with management experience, references required and own RV for accommodation. Snowbirds welcome. Fax resume 403-995-4145 then call Stacey 403-938-7245.

OPERATIONS MANAGER needed in a custom fabrication and welding environment to coordinate, delegate and manage all manufacturing projects among employees from receipt of the order, to design and preparation of drawings, to delivery including scheduling, pricing and cost. Applicants must have knowledge of welding, metal & fabrication, capable of working in fast paced environment in an effective and organized manner. Apply to: Do All Metal Fabricating. Fax 306-634-8389 or email: kmack@doallmetal.com. Must supply 3 references and desired salary.

TIRE MAN REQUIRED for Tirecraft in Grande Cache. Phone 780-827-3224 or fax 780-827-4278.

1005. Help Wanted

WANTED PART-TIME CLASS 1 DRIVER

to Pull Super B's for Oil Haul

Out of Elk Point area

Required Immediately

Must have at least 3 years driving experience and fluid hauling experience, also clean abstract. Must have all safety tickets.

Phone 645-0219
Fax resume to: 724-3043

1500. Help Wanted - Prov.

PIANO TEACHERS or adult pianists need to teach Music for Young ChildrenÆ a comprehensive keyboard-based program for ages 3 - 10. 1-866-244-9008; j.causgrove@myc.com for training details; www.myc.com.

PRODUCE MANAGER. Freson Market IGA, is currently seeking a Produce Manager for our beautiful new Hinton, Alberta store. If you are a team player with strong leadership, interpersonal and organizational skills, we are looking for you! Fundamental to your responsibilities is to ensure a quality fresh product and exceptional service standards. Competitive base salary with an additional performance bonus plan, deferred profit sharing, a comprehensive benefit package, family grocery discount and subsidized accommodation is available. Please send resume to: Mike McGeein, Store Manager, 632 Carmichael Lane, Hinton, AB, T7V 1S8. Fax 780-865-5353. Email: mmcgeein@freson.com.

PROVOST AND DISTRICT Golf Club requires greenskeeper and/or assistant greenskeeper. Summer employment. Contact 780-753-1193 Brad; 780-753-1796 Lee. Competitive salary. Fax resume 780-753-4735.

SEEKING A CAREER in the Community Newspaper business? Post your resume for FREE right where the publishers are looking. Visit: www.awna.com/resumes_add.

SMOKY RIVER EXPRESS in Falher, located in the Peace Country, has an immediate opening for a general reporter. Fax resume to 780-837-2585 or email: srexpres@telus.net.

THE HIGH RIVER Times has an immediate opening for a permanent full-time Production Manager. Email resume to: nancy@highrivertimes.com or call 403-601-0015.

***Be Wise...*ADVERTISE**

TRANSPORTATION COMPANY requires a Heavy Duty Mechanic with good communication skills (own tools necessary) and a Driver with Class 1 or 3 with clean abstract. Experience with tank and vac trucks an asset. Competitive wages and benefit package. Fax resume to 780-622-2878.

VACUUM TRUCK DRIVERS. Newalta Corporation based in Medicine Hat and Edmonton, requires vacuum truck drivers to provide on-site service in the collection, transportation and land spraying of drilling fluids. Ideal candidates will have experience with 18-speed transmissions, Class 1 to 3 driver's licence with Q endorsement and a clean abstract, H2S, First Aid and confined space. Vacuum truck experience an asset. Submit resume and current abstract to: Fax 403-548-8136. Email: trobins@newalta.com.

1005. Help Wanted

1500. Help Wanted - Prov.

WANTED at Wilderness Resort Valemount, BC; Cook buffet style home cooking, 40 - 60 guests. Ranch Hand, 500 acres, 60 cow/calf pairs and 15 horses. $3500./month + accommodations/meals. Fax 250-968-4445. Email: gm@terracana.com.

WANTED: Experienced erectors for pre-engineered steel buildings. Top wages depending on experience. Includes benefits. Call 250-979-2933 or fax 250-717-5751.

1700. Employment Wanted

NANNIES/CAREGIVERS skilled workers/labourers. Overseas workers (nannies, construction workers, truck drivers and so much more) are seeking employment in Canada. All are well trained and/or experienced in their field. Phone Worldwide Caregivers Inc. 780-709-0005; www.worldwidecaregivers.ca.

3010. Auctions

ANTIQUE AND COLLECTIBLE Sale. Furniture, toys, Madalta and comics. March 22, 10 a.m., Bassano, Alberta. For list and pictures: www.farmauctionguide.com. Millers Auctions 403-822-2124.

COLLECTOR CAR AUCTION and Speed and Custom Show, March 28 - 30, Red Deer, Alberta, Westerner Park. Book your car now. Vendor space available. 403-396-0304; www.TheElectricGarage.com.

GRAZING LEASE selling by Auction for Dan and Ione Smoole. On offer will be a 2541.25 +/- acres Grazing Lease in the Woodlands County. Real Estate is selling in conjunction with the Edmonton Industrial Sale, March 26 and 27; 1500 Sparrow Drive Road, Nisku, Alberta. For more information call Ritchie Bros. Auctioneers 1-800-491-4494.

K & K AUCTION Presents Antique & Collectible Auction, Sunday, March 9/08, 10 a.m., Alix Community Hall, Alix, Alberta. Doug/Lorraine 780-679-4142; www.todaysauctionpage.com.

THINKING AUCTION! Guarantee your results with Ritchie Bros. Auctioneers. Whether it's equipment, real estate, livestock or a complete farm dispersal. Contact us today! 1-800-491-4494 or rbauction.com.

3210. Misc. For Sale

2010 WINTER GAMES Tour to Vancouver. Packages include flights, stretch limousines and 9 or 18 nights hotel accommodations. For complete details go online to www.dashtours.com or call 1-800-608-2010, 24 hours-a-day.

42" LCD TVs Dell $1199. no money down. Also PCs and laptops. 6, 9 and 24 month payment plans. Credit builder *(must earn $1500.+ employed). 1-877-226-0660; www.nationalcomputersdirect.com.

1005. Help Wanted

CHERYL'S CLEANING SERVICE

requires

CASUAL LABOUR

Must have current criminal check in place.

Call 724-3876 or 645-8155

EMPLOYMENT OPPORTUNITY
for
ADMINISTRATION DEPARTMENT

SUMMER STUDENTS

(4 month term) – May to August 2008
at our Elk Point location

- Excellent computer skills - Excel, Word and Access
- Strong written and verbal communications
- Excellent interpersonal skills
- Strong organizational skills
- Good attention to detail
- Ability to work in a team environment

Submit Resumes to:

E-CAN OILFIELD SERVICES LP

Box 510, Elk Point, AB T0A 1A0
Attention: Karen Bjornstad
Fax: (780) 724-2166
Email: karenb@e-can-oilfield.com
Deadline: March 10, 2008
NO TELEPHONE INQUIRIES PLEASE

REQUIRED IMMEDIATELY

Looking for a NEW CAREER?

Want to work in an energetic and fun atmosphere?

Bonnyville Chrysler Jeep is looking for

PARTS & SERVICE ADVISORS

for their busy dealership.
If you are motivated and strive to succeed, please apply today.

Email resumes to
josh@bonnyvillechrysler.com
Fax to: (780) 826-6171
or drop off at 5605 50 Avenue, Bonnyville

DODGE CHRYSLER Jeep

BONNYVILLE CHRYSLER LTD.

3210. Misc. For Sale

#A 1 STEEL buildings, factory direct clearance. Up to 30% off. 25 X 32, 30 X 40, 50 X 100 and more. Call now for free shipping. Curvco Steel 1-888-753-6130.

AFFORDABLE PHONE Reconnection. Bad credit - no problem! Call Tembo Telecom and ask about our new customer special. Sign up online and save $20. 1-877-266-6398; www.tembo.ca.

AMAZING RELIEF the first night! Restless leg syndrome and leg cramps gone. Sleep deeply, safe with medication, proven results guaranteed; www.allcalm.com. 1-800-765-8660.

BED, QUEEN, orthopedic Pillowtop mattress/box-spring. New, still in plastic. Full warranty. Cost $1100.; sell $375. KING size, extra-thick, cost $1550.; sell $650. Will deliver. 403-371-1400.

BRAND NEW - 100% leather sofa, loveseat and chair. $1295.00. Still in plastic. Call 826-1039.

BUILDINGS FOR SALE! *Final Clearance!* 25 X 30 now $5,800. 25 X 40 $6,900. 30 X 40 $8,300. 35 X 50 $11,290. 35 X 70 $14,500. 40 X 80 $16,900. Some others. Canadian manufacturer since 1980. Pioneer Steel 1-800-668-5422.

CAMPSITE FIREWOOD. Dry, clean spruce. Bagged or bundled. Log truck loads available. Custom processing available. Red Baron Firewood Sales, Slave Lake, Alberta, 780-849-3963 or 780-849-1168.

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FOR SALE: double pillow-top queen bed. Still in plastic. $250.00. Call 826-1039

FOR SALE. Rodent proof 40' and 20' sea containers. 5' X 10' corral panels starting at $55. 403-226-1722; 403-540-4164; 1-866-517-8335; www.magnatesteel.com.

HOT TUB/SPA 2008 - All options, with cover, 2008 model with full warranty. Brand new, still in wrapper. Cost $8,300. Sacrifice $4,750. Call 403-663-9767.

KING BED FOR SALE: $595.00. Still in plastic. Double pillow-top. Call 826-1039

MEMORY FOAM Orthopedic mattresses. NASA technology. Retail $1,500. liquidation price. $399. Queen (all sizes available). Limited quantities. Health Rest Warehouse, 10821 - 182 St., Edmonton. Call 780-444-0799.

METAL SIDING/ROOFING. Best prices! 32" VRIB/36" Toughrib 29ga. Galvalume $.69 sq. ft. Stock and S/O Colours $.89 sq. ft. 25/30 year warranty. ALTA-WIDE Builders Supplies 1-888-263-8254.

NEW THERAPEDIC queen box and mattress set $290. MEMORY Foam Mattresses now available. The Bed Spread (780)812-1300, 780-573-2622 message. Bonnyville, AB

NO MONEY DOWN! Dell computers! LCD TV's. *Credit builder. Almost everyone approved. Quick delivery. No deposit ever! *(Must earn $1500.+ employed). Order now. 1-877-226-0660; www.nationalcomputersdirect.com.

POOL TABLE 1" 3 piece slate, 8 ft. Professional Series, Solid wood with all accessories. Brand New, still boxed. Cost $6800. Sell $1950. 403-266-0979.

SAWMILLS from only $3,495. Convert your logs to valuable lumber with your own Norwood portable band sawmill. Log skidders also available; www.norwoodindustries.com. Free information. 1-800-566-6899 ext. 400OT.

THE CONTAINER Guy. 20, 40 and 48' containers. Also Reefers available. Weather, bug and rodent proof for storage. Will deliver anywhere. Excellent condition. Information phone 780-307-4656.

3240. Travel/Trade

#1 TIMESHARE RESALES -Sell-Buy-Rent. World's largest timeshare resale broker. Stroman Realty - since 1979. Worldwide selection of resort properties. Call today toll free 1-800-201-0864.

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4040. Livestock

Murphy Livestock
Charolais & Angus
BULL SALE
Sunday, March 30, 2008 1 pm
Western Pride Auction Mart
Bonnyville AB

100 Bulls
Red Angus
Black Angus
Charolais
Ray Murphy 826-5477
80 Two Year Olds
20 Yearlings

4040. Livestock

CHAROLAIS BULLS
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French and Purebred
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pasture and hay.
Not grain fed.
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or 780-818-1077

Stoney Creek Cattle Co.
RANCHER'S BULL SALE
Saturday, March 15, 1:30 p.m.
at the Brian Jurke Ranch
7 miles NE of Lloydminster
(on Hwy. 303 at Heartland Livestock.
Watch for signs.)

SELLING:

38 Bulls

Black Angus 17 yrlgs
12 - 2-year-olds
Limousins 8 yrlgs.
1 - 2-year-old

Phone: Brian (306) 825-2863
Stoney Creek Cattle Co.
Harry Gibbard (780) 847-2241
Anchor U Angus
Join us for lunch at noon.

BISON FOR SALE. 4 large plains breeding bulls. Very good quality. Phone 780-991-6559.

FOR SALE: PURE bred salers bulls, tan and red. Scattered spruce salers. Phone 780-768-2284.

WE'VE GOT YOUR GOAT! Visit Alberta Goat Breeders Association at www.albertagoatbreeders.ca for information on goats and goat products, management, where to buy, and more!

4310. Grain/Feed/Hay

250 CPS wheat straw bales net wrapped. Call 645-2378.

HEATED CANOLA WANTED. Buying green, damaged, spring thrashed canola...Buying wheat, barley, oats and peas for feed. "On farm pickup." Westcan Feed & Grain 1-877-250-5252.

OATS
WANTED
ON FARM PICKUP
Immediate Payment.
Toll Free 1-866-349-2056

4540. Farm Equipment

YOU'VE HEARD about it, now come see the Apache Firewood Processor! Booth #809 at the Farm & Acreage Show in Red Deer, Mar. 7 - 9; and the Farm & Ranch Show in Edmonton, Mar. 26 - 29, 2008. Call 1-866-986-0067 for more info.

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5003. Real Estate Misc.

4-STAR NEW condo hotel, low cash down, International banner - Tangible investment, guaranteed revenues, power of RRSP/LIRA funds. Unleash your trapped dollars, no tax penalty! 1-866-698-5638; www.bytheowner.com/loftbdi.

NEED CASH? Home owner mortgage loans. Purchases, renewals, refinances to 100%. Alberta Home Loans Inc. Call today 1-877-568-0929, Jason Pelletier. Pay off debt and start saving!

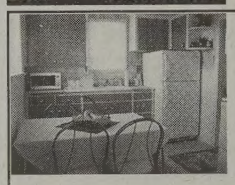
SELLING/BUYING scenic or character property? Check www.cowboytrailrealty.com. Waterfront, timered and view properties needed. Expose them into lucrative Calgary market. Randall Oberick 1-866-637-0087, throughout Alberta.

5003. Real Estate Misc.

REAL ESTATE For Sale By Unreserved Auction. Ritchie Bros. Auctioneers 1-800-491-4494. Hwy 63 Newbrook - 1 Home Quarter, 2 Acreages and 22 Parcels of Farmland. Lac La Biche - 160 +/- acres Owl River frontage, 1639 +/- acres Grazing Lease. Sale Date: April 4. Camrose/Leduc - 1 Home/Quarter, 2 Acreages and 5 Parcels of Farmland. Sale Date: April 12. Realtor: Greg Cripps - Remax Central AB - 403-347-7103. rbauction.com.

UNRESERVED AUCTION: Eight serviced home sites in Polson, Montana selling to the highest bidders at Ritchie Bros., Mar. 13, Las Vegas Auction; www.rbrealestate.com or 1-877-675-5263.

5100. Houses For Sale



HOUSE FOR SALE
Experience this fabulous 697 sq. ft. 2 bedrooms, bungalow and a 7500 sq. ft. large lot priced to sell. Close to all amenities in the Town of Two Hills.
It comes with brand new appliances (stove, fridge, washer and dryer) and a detached garage, as well as a basement that offers lots of storage room. ***$65,000***.
Home 780-657-1071, Cell 780-275-0282
Email: pufi850706@gmail.com

5200. Acreages For Sale

10 ACRES, 4 miles Northwest of St.Paul includes large hill (great view to the Southwest) With or without dugout. To be subdivided. $69,900. 780-645-5376.

FOR SALE OR TRADE (for home or acreage). 77 acre horse setup. House, second living quarters. Barns, shop, racetrack. Hwy 14 East. 20 minutes to Sherwood Park. Cathy, ReMax 780-439-7000.

LAC SANTE / NORTH SASKATCHEWAN RIVER 80 acres near beach, boat launch, rolling hills, beautiful views, great spot for acreage, ATV's, horses, $1100/acre 780-460-2886.

5300. Land For Sale

FOR SALE: (2) 5 acres; fully treed. (2) 10 acres (1 fully treed). 7 miles NW from Bonnyville. Phone 826-1596.

5400. Farms For Sale

UNRESERVED AUCTION. 7 quarters of prime farmland near Halkirk, Alberta, plus well established acreage, grain storage and full line of farm equipment. For more information call Hodgins Auctioneers 1-800-667-2075! PL 180827.

5800. Manuf. Homes - Sale

20' WIDE $99,900. and 16' wide $89,900. plus $5000. rebate from Moduline Canada on new homes purchased by March 28, 2008. Best Buy Homes 1-877-396-5564.

2008 SRI HOMES available, low pricing and immediate delivery available on limited production. Call Ken or Ed at Economy Homes and Cottages, 1-800-689-6953; www.econocottages.com.

$79,900. 16' WIDES with 18', 20' wides on sale now for immediate delivery. 3 months for multi-section homes. A1 Homes, Airdrie 403-945-4488. Red Deer 403-314-2244.

MID WINTER MADNESS. 16' X 76' $87,250.* 20' X 76' $114,500.* Delivery included. All plans 3 bedroom, 2 bath. Buy stock or custom order. Limited time. 1-800-463-0084; jandelhomes.com. *after factory rebate.

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6400. Motorhomes/RVs

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7245. Misc. Services

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Spotlight on food and nutrition

March is National Nutrition Month® and this year Dietitians of Canada is shining the"Spotlight on Food and Nutrition".

National Nutrition Month® brings public awareness to the valuable contribution that healthy eating makes to overall health. It's a great opportunity for all of us to think about how we can eat healthier, be more active and feel great. Dietitians are the most trusted source of accurate, reliable nutrition information and they provide practical solutions that will put us on the right road to better health.

National Nutrition Month® Challenge

Wise food choices play an important role in reducing your risk of chronic diseases such as obesity, type 2 diabetes, heart disease, some cancers and osteoporosis. Daily physical activity is needed to stay healthy and you'll benefit from improved fitness, self-esteem and an overall sense of well being.

Take Dietitians of Canada's National Nutrition Month® Challenge and make postive changes to your eating habits and lives – for yourself and for the whole family.

Face the Facts

In 2004, nearly one-quarter of Canadian adults were obese and an additional one-third were overweight. That's over 14 million adults carrying excess weight! The numbers are just as alarming for youth – 26% of Canadian children and teens aged 2 to 17 were overweight or obese.

Dietitians of Canada's Top 10 List of healthy eating ideas and activities – is what you need to know to help you make positive lifestyle changes. By following these simple tips, you'll be well on your way to eating well and feeling better.

Dietitians Top 10 List – what you need to know...

1. Want to feel your best? Eat well and get physical!
2. Benefit from balance – challenge and support family members to achieve and maintain healthy weights
3. Quality counts – whether at home, school, work or play, keep healthy food choices top of mind!
4. Give your food portions a makeover – tune in to moderation in serving sizes
5. Colour your world with vegetables and fruit!
6. Be a savvy shopper – get the nutrition facts on foods from the label
7. Make meal time a family affair!
8. Healthy eating is more than a flash in the pan – it's a lifetime commitment
9. Make www.dietitians.ca your 'go to' place for trusted nutrition information and fun healthy eating ideas!
10. Have a food or nutrition question? Ask a Registered Dietitian.

Make a change for the better with your food intake.

Experiment with adding nuts, seeds and legumes to salads to improve fibre intake and set a goal of serving fish twice a week to get more healthy fats. Add one new vegetable or fruit as a snack to boost your antioxidant intake. The options are endless – do it your way, slowly but steadily until it becomes a habit.

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